# PACKAGE LEAFLET: INFORMATION FOR THE USER

# Bricanyl® 0.3 mg/ml Syrup

terbutaline sulphate

# Read all of this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

#### In this leaflet:

- 1. What Bricanyl Syrup is and what it is used for
- 2. Before you take Bricanyl Syrup
- 3. How to take Bricanyl Syrup
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# 1. What Bricanyl Syrup is and what it is used for

Bricanyl Syrup contains a medicine called terbutaline sulphate. This belongs to a group of medicines called beta-agonists. These work by relaxing certain muscles. For example, they open up the airways in the lungs.

Bricanyl Syrup is used for the regular treatment of breathing disorders such as asthma. It helps to relieve tightening of the chest and difficulty breathing (bronchospasm).

# 2. Before you take Bricanyl Syrup

#### Do not take Bricanyl Syrup if:

• You are allergic (hypersensitive) to terbutaline sulphate or any of the other ingredients of Bricanyl Syrup (listed in Section 6: Further information).

# Take special care with Bricanyl Syrup

Check with your doctor or pharmacist before taking Bricanyl Syrup if:

- You are pregnant and you have had problems with your pregnancy.
- You are diabetic. If so, you may need some additional blood sugar tests when you start taking Bricanyl Syrup.
- You have a history of heart disease, irregular heart rhythm or angina.
- You have an overactive thyroid gland.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking Bricanyl Syrup.

#### **Taking other medicines**

Please tell your doctor or pharmacist if you are taking, or have recently taken, any other medicines. This includes medicines that you buy without a prescription and herbal medicines.

Bricanyl Syrup can affect the way that some medicines work and some medicines can have an effect on Bricanyl Syrup.

In particular, tell your doctor or pharmacist if you are taking any of the following medicines:

- Steroid medicines (such as prednisolone).
- Xanthine medicines (such as theophylline or aminophylline).
- Beta-blocker medicines (such as atenolol or propranolol), including eye drops (such as timolol).
- Water tablets, also know as diuretics (such as frusemide).

# Pregnancy and breast-feeding

Talk to your doctor before taking Bricanyl Syrup if you are pregnant, might become pregnant or are breast-feeding.

# Driving and using tools and machines

Bricanyl Syrup is not likely to affect you being able to drive or use any tools or machines.

# Important information about some of the ingredients of Bricanyl Syrup

Bricanyl Syrup contains small amounts of alcohol (ethanol). It contains less than 100 mg per dose.

Bricanyl Syrup contains sorbitol. If you have been told by your doctor that you cannot tolerate or digest some sugars (have an intolerance to some sugars), talk to your doctor before taking Bricanyl Syrup.

# 3. How to take Bricanyl Syrup

Always take Bricanyl Syrup exactly as your doctor has told you to. You should check with your doctor or pharmacist if you are not sure. The instructions on the label should remind you of what the doctor said. Do not stop taking your medicine without first discussing it with your doctor.

# For asthma and breathing problems

The usual starting dose for adults and elderly people is two 5 ml spoonfuls three times a day. Your doctor may then increase the dose to three 5 ml spoonfuls three times a day if necessary.

The dose for children depends on the child's weight. The doctor will work out the correct dose. This is usually 0.25 ml per kg body weight three times a day. For example, if a child weighs 20 kg the dose will be 5 ml three times a day.

#### Contact your doctor straight away if:

- Your breathing is getting worse.
- You often wake up at night with asthma.
- You start getting chest tightness.
- You are not getting relief from your current dose.

These signs could mean your asthma is not being controlled and you may need different or additional treatment straight away.

#### If you take more Bricanyl Syrup than you should

If you have accidentally taken too much of this medicine, contact your doctor or pharmacist for advice.

### If you forget to take Bricanyl Syrup

If you forget to take a dose, take it as soon as you remember. However, if it is almost time for the next dose, wait until then and take the next dose as normal. Do not take a double dose to make up for a forgotten dose.

## 4. Possible side effects

Like all medicines, Bricanyl Syrup can cause side effects, although not everybody gets them.

# Important side effects to look out for:

- Allergic reactions. The signs may include a swollen face, skin rash, breathing problems, low blood pressure (feeling faint) and collapse. It is not known exactly how often this happens. If this happens to you, stop taking Bricanyl Syrup and see a doctor straight away.
- Sudden wheezing soon after taking your dose of Bricanyl Syrup. It is not known exactly how often this happens. If this happens to you, stop taking Bricanyl Syrup and use your 'reliever inhaler' straight away. See your doctor as soon as possible as you may need to have your treatment changed.

# Other possible side effects:

# **Very Common (affects more than 1 in 10 people)**

- Trembling or shaking.
- Headache.

# Common (affects less than 1 in 10 people)

- Pounding or rapid heart beat (palpitations).
- Cramp or feeling tense.
- Low levels of potassium in your blood which may cause muscle weakness, thirst, or 'pins and needles'.

The following effects have sometimes been seen but it is not known exactly how often they happen:

- Irregular heart beats.
- Chest pain (due to heart problems such as angina). Tell your doctor if you develop this symptom whilst receiving treatment with Bricanyl Syrup, but do not stop using this medicine unless told to.
- Feeling sick (nausea).
- Mouth and throat irritation.
- Changes in sleeping patterns and changes in behaviour, such as feeling agitated, restless or hyperactive.

Do not be concerned by this list of side effects. You may not get any of them. If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

#### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: <a href="www.mhra.gov.uk/yellowcard">www.mhra.gov.uk/yellowcard</a>. By reporting side effects you can help provide more information on the safety of this medicine.

# 5. How to store Bricanyl Syrup

- Keep in a safe place, out of the reach and sight of children.
- Do not store above 25°C.
- Do not take Bricanyl Syrup after the expiry date printed on the packaging. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines that are no longer required. These measures will help to protect the environment.

#### 6. Further information

### What Bricanyl Syrup contains

The active substance is terbutaline sulphate. Each 5 ml spoonful contains 1.5 mg of terbutaline sulphate (equivalent to 0.3 mg/ml).

The other ingredients are citric acid, disodium edetate, ethanol, glycerol, sodium hydroxide, sorbitol, sodium benzoate, essence of raspberry, and water.

## What Bricanyl Syrup looks like and contents of the pack

Bricanyl Syrup is a clear, colourless, raspberry flavoured aqueous syrup. The syrup is available in bottles of 100 ml.

# Marketing Authorisation Holder and manufacturer

The Marketing Authorisations for Bricanyl Syrup are held by AstraZeneca UK Limited, 600 Capability Green, Luton, LU1 3LU, UK.

Bricanyl Syrup is manufactured by Takeda Nycomed AS, Elverum Plant, Solbaervegen 5, NO-2409 Elverum, Norway.

To listen to or request a copy of this leaflet in Braille, large print or audio please call, free of charge:

0800 198 5000 (UK only)

Please be ready to give the following information:

Product name Bricanyl 0. 3 mg/ml Syrup

Reference number 17901/0111

This is a service provided by the Royal National Institute of Blind People.

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